

**Programming Committee Meeting Minutes of March 15, 2021**

- I. CALL TO ORDER at **10:01 AM**
- II. ROLL CALL  
**Present:** Zaira Perez, Nick Brandao, Alexis Caringal-Holmes, Aa'ishah Riaz, Arazeli Barragan, Maricarmen Marin, Marlo Spooner.
- III. ACTION ITEM - **Approval of the Agenda**  
**Motion** to approve the agenda of March 15, 2021 by **A. Riaz**, second by **N. Brandao**, motion **CARRIED**.
- IV. ACTION ITEM – **Approval of the Minutes of March 8th, 2021**  
**Motion** to approve the minutes of March 8, 2021 by **N. Brandao**, second by **A. Caringal-Holmes**, motion **CARRIED**.
- V. PUBLIC COMMENT – **Public Comment is intended as a time for any member of the public to address the committee on any issues affecting the ASI Programming Committee and/or the California State University, East Bay.**  
No public comment.
- VI. UNFINISHED ITEMS:  
A. DISCUSSION ITEM – Basic Needs Boxes  
The Programming Committee will discuss basic needs boxes for students and the basic needs school wide survey.  
**Z. Perez** states I will be meeting with Kris Disharoon and I will be talking about our finances. Once this is completed, I will bring it back to the committee to do an action item. **N. Brandao** states I asked O. Shakoor an estimate on how much funding we have he stated about \$5,000.00 to \$10,000.00 in our account. **Z. Perez** states I will send everyone a list of what I have added for the basic needs box. I will also update everyone in our next meeting.

**3:38**

- B. DISCUSSION ITEM - CPR Training



The Programming Committee will discuss a request to the Senate that CPR training become a requirement for students to graduate at CSUEB.

**M. Spooner** hi everyone I hope everyone is doing great. I know as a college we have to complete certain requirements in order to graduate. I had the pleasure of taking a CPR class this semester, I realized that this is something that many people in our society do not have the training. Many people have passed away due to the people around them not knowing how to conduct CPR. The CPR course that I took was a three-day course, which is about six hours per day. During the course, our professor stated that so many people just stand around not knowing what to do during a situation when someone is choking. About two weeks ago on Friday, I was able to complete the course and come Tuesday, I was driving around Oakland and I see many cars in traffic. I eventually see a lot of people gathering around and I thought to myself that someone might be needing assistance. I pull over to see if I can make myself useful, as soon as I get off a man starts screaming at me saying do not let my cousin die. I look over and see that his cousin got shot and is bleeding out. Which reminded me of what my professor said was true when it comes to these situations people do not know what to do. I told this man in order to save him, we will need to take him out of the car, in which we proceeded to do. The gun shot wound was located on his leg, I asked around to see if anyone had a belt to tie it above his wound. I saw a firetruck two blocks away, however, if they believe that it is a shooting scene, they are not going to come risk their lives until the police gets here. I got some additional help from bystanders, in which we took this person to the hospital after putting him on the back of a pickup truck. I did not get on top of the pickup but instructed on keeping pressure in his wound. I know that the person survived due to having some friends work at the Highland hospital. Many people tried to say that I was a hero, however, I just happened to be at the right place at the right time. If we have more people trained and know what to do during these times, we will be able to save more lives. I am a sociology major that needs 170 units to be completed with my course, however, some of these courses do not seem as essential to me compared to others. I have 168 units and decided to take this two-unit course, which has allowed me save someone's life. I am thinking of asking the senators of ASI to see if they can advocate for students to receive this training before



graduating in order to save more lives. I also want to share to you all the scene before and after this situation happened. Would I be able to share my screen? **N. Brandao** states yes, I will give you access. **M. Spooner** states I will send you all a news article, please let me know when you are done viewing the pictures as I will describe how the scene was. **Z. Perez** ask if M. Spooner know why the man was shot? **M. Spooner** states no. Oakland has many shootings and killings, leading it to be not as shocking. **N. Brandao** states I will be willing to open the conversation to writing a resolution and even having a discussion with Kris Disharoon and other board of directors. I will explain to them how you learned this technique in three days and were able to use your new technique to help someone's life. In the past, I have taken CPR classes and have not used the techniques in a situation like this. It is always good to be prepared and be more well-rounded citizens helping one another. **Z. Perez** states I really like this idea and believe it is important to know the basics. Especially when it comes to knowing how to do proper CPR to infants and many people have passed away due to using improper techniques. **M. Spooner** states last night there was a slideshow in Oakland that three people got shot. I live super close to Oakland due to being at the border from Hayward. You have young people attending these events, therefore, if they have the proper training it can help out in these unfortunate scenarios. **A Caringal-Holmes** states it is crazy to think that you are taking a class to fill in the units that you need, and I hope we are able to get this finalized. **Z. Perez** states N. Brandao and I can talk to the board members in order to see how we can proceed with this idea. We will let you all know when we have an update, however, I do believe we will be writing a resolution. **N. Brandao** states if I recall, we can bring in M. Spooner to our board of directors meeting to discuss his experience but do not show any images of the event. **Z. Perez** states the board meetings are every other Wednesday from 12:00 PM until 2:00 PM. **M. Spooner** states to let me know what you would like me to do, and I will show up.

**15:00**

**VII. NEW BUSINESS ITEMS:**

No new business items.



15:10

VIII. ROUND TABLE REMARKS

**N. Brandao** states I did not have enough time to make it as a discussion item and will be discussing it as a round table remark. May is mental health awareness month and I was thinking we can plan something for mental health awareness. Also, with my meeting with the new executive vice president, Dessiree Cuevas, I have a leftover budget. I was thinking of creating a resolution in order to have this leftover money be part of a scholarship. It will be best to put this money in use due to the budget not being able to roll over to next years budget. I have also been meeting with our student health and counseling committee to host a mental health event this month in April. We are trying to get guest speakers to speak on mental health and the services that student health department has. East Bay just got a new psychiatrist, which is something that we have not had for a while. Especially during our time of crisis, it is important to have more people help our students. If you have any questions or want to help out, you can email me.

**M. Spooner** states I believe this is a great idea. I know a student who has starting their life coaching business and they were able to assist other students on campus. You can also try adding in a life coach to give a presentation to the students.

**N. Brandao** states you can send me this student's information and I will get in contact with them.

**Z. Perez** ask if M. Spooner knows if this person has a certification, since it is one requirement?

**M. Spooner** states yes, they do. I know she is a student here and has a business in the Bay Area.

**A. Caringal-Holmes** states I am interested in learning more about life coaching. Would you be able to provide her contact information to me as well?

**M. Spooner** states yes, I can put it in the chat.

**Z. Perez** states if we are not able to incorporate her in N. Brandao event, we can host a separate event as well. That way students have the option of going strictly for mental health or attend a life coach presentation. M. Spooner would you be able to send this information through our GroupMe.

**M. Spooner** states yes, I will include my contact information if you need any assistance from me. Going back to the scholarship, would we be able to provide this scholarship for those who have been previously incarcerated. Maybe you can see if you can help out this group, since no money is being given to them.



**N. Brandao** states yes, it will really help them out since they do not receive any scholarships.

**Z. Perez** states N. Brandao and I will see how we can go about creating a scholarship and then letting everyone be aware of what are the next steps.

**A Caringal-Holmes** states I have mentioned in the internal affairs committee that I received an email regarding direct deposit. I have not received anything yet and in the past, I have had issues with payroll. One time I was not paid from the school for three months. I did want to bring this up to see if anyone else is having these issues.

**Z. Perez** states if anyone is having issues you need to get in contact with Sneh Sharma or the ASI board assistant.

**A Caringal-Holmes** states I know in the beginning she would email us to remind us. I emailed her asking if she received the forms and she stated that she was not the person I need to talk to.

**M. Spooner** states that happened to me as well.

**Z. Perez** states you can ask Sneh who you need to be referred too? I can ask as well for you.

**M. Spooner** states we received a stipend for being part of the committee?

**Z. Perez** states yes.

**N. Brandao** states I used to be part of the programming committee in 2016. The meeting stipend is \$25.00 each meeting, which we have four each month and rounds up to \$100.00 extra in your pocket.

**25:30**

**IX. ADJOURNMENT at 10:26 AM**

Minutes reviewed by:

**Director of Programming**

Name: Zaira Perez

*zaira perez*

zaira.perez (Apr 12, 2021 09:35 PDT)

Minutes approved on:

**4-5-2021**

Date:

